



Cawley Physical Therapy and Rehab's Carbondale Location is OPEN! The home of the Carbondale Chargers is also home to Cawley PT with a location at
44 North Scott Street • Suite #2 • Carbondale PA

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PITTSBURGH OFFICE: 570-208-2787
33 N. Main St. • Pittston, PA 18640

KINGSTON OFFICE: 570-714-0933
840 W. Market St. • Kingston, PA 18704

NANTICOKE OFFICE: 570-258-2365
160 S. Market St. • Nanticoke, PA 18634

SCRANTON OFFICE: 570-207-2787
1150 S. Main Ave. • Suite 101 • Scranton, PA 18504

CARBONDALE OFFICE: 570-280-2414
44 N. Scott St. • Suite 2 • Carbondale, PA 18407

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**SPECIALIZING IN: Orthopedic Care • Neck & Back Treatments • Sports Medicine • Knee Replacements • Sciatica Treatments
Spinal Stenosis Therapy • Accident Claims • Work-Related Injuries • Aquatics Therapy • Laser Therapy • Neuropathy Care
Graston and Cupping Therapy • Concussion Management**

SPRING INTO GOOD HEALTH EVENT

**We are offering free screenings for you,
your family members and friends**

Tuesday May 5th

7:00 AM-5:00 PM ALL DAY

Details Inside!



Clinic Update

APR/MAY 2020

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OUR GOAL IS TO SERVE YOU WITH SUCH A GREAT EXPERIENCE THAT YOU:

1. **Thank the person who sent you here.**
2. **Refer people you care about to us.**

PATIENTS ENTER TO WIN!

Find the misspelled word
in this newsletter and call
570-208-2787 for your
chance to win a
\$10.00

GIFT CARD!

Contest for past
and present patients only.



From Frank and Courtney and
the entire Cawley PT family we hope
everyone has a wonderful, safe and
very happy Easter holiday!!!

Team Member of the Month: ALYSHA MARZANI



This month's Team Member of the Month title goes to one of our behind the scenes team members. You may see her occasionally floating through the different offices or sitting at her "make shift" office in Pittston. But...make no mistake about it...She is a super intricate and important component to the Cawley PT family. This month Ms. Alysha Marzani wins the coveted "Team Member of the Month" prize!! Alysha is our Director of External Marketing. She joined the team last September and has done a wonderful job. Alysha came from a background of marketing where she worked for a company who focused on training people with drones. Pretty cool if you ask me! Not as cool as Cawley PT but that is just my opinion! LOL... Alysha hit the ground running after coming on board last September. Her past experience and vast knowledge in marketing has helped the Cawley PT team to grow and foster new and existing relationships with local doctors, physician assistants, nurses, home health agencies and many many local businesses and community groups. Alysha is out there hustling day in and day out to develop new and long lasting relationships. She has a flare for design and it is clearly evident how much she enjoys and loves what she does.

When Alysha is not busy trying to build relationships and setting up meetings she can be found doing some wedding planning. Alysha and her fiancé Art will be tying the knot this fall. Alysha also enjoys staying healthy by eating well and often going for a run! Alysha and Art also have a furry friend, an Australian Shepherd, named Blue!

If you happen to catch Alysha passing through the office please stop her to say hello and congratulate her on her upcoming wedding! Thank you for all you do Alysha! You definitely help complete the Cawley team!

New & Noteworthy



Ok gang....So this is kind of a big deal!!

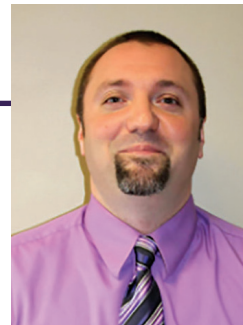
All Cawley Physical Therapy and Rehab locations will be hosting a special day on Cinco de Mayo, Tuesday (May 5th). This is not for us! It is for the most important people that we can think of! That "people" is YOU!! It is that time of the year and Cawley Physical Therapy is ready to celebrate and party with you! That is why we will be hosting one of our most popular events ever Tuesday May 5th! It is our 'Spring into Good Health Event'. This special event is super limited as we ONLY have 60 spots across all 5 offices. Last year when we did this, the event filled up in just 3 weeks and we had to turn a few people away! Sorry... 😞 Please see our insert for all the details and call TODAY to reserve your spot and the therapist of your choice!

On April 9th (Thursday) at 6:00pm, our Scranton, Nanticoke, and Carbondale offices will host our popular Lower Back Pain and Sciatica Workshop. 90-95% of people will experience or suffer from lower back pain at least once (often many times) in their life. Looking for a natural way to heal and avoid pain meds, injections or surgery? Call 570-208-2787 to register and save your spot. They go FAST!!!

On April 23rd (Thursday) at 6:00pm in our Kingston, Scranton, and Carbondale offices we will host our Foot and Ankle Pain workshop. We will cover the top 3 most common causes as well as the #1 single biggest mistake we see foot/ankle pain sufferers make that 99% of the time makes their condition worse! Want to save your spot or invite a friend or family member, just give us a call at 570-208-2787!

Team Member Spotlight: ANTHONY CARACHILO

Our Team member spotlight for the month of April 2020 shines on one of our superstar PTA's. This gentlemen needs no introduction and quite frankly probably does not like the spot light all that much. Mr. Anthony Carachilo is one of our rock star Physical Therapy Assistants who rotates between our Pittston and Carbondale clinics. Anthony is a Carbondale native and pretty much knows 90+% of the people that come into the Carbondale clinic (or knows someone who knows someone)! :) Anthony has been a member of the Cawley PT family since 20. Anthony joined our team fresh out of PTA school and was student with us while in college. We knew we could not let this future super star slip away so upon graduation we scooped him up! Anthony is the epitome of a true team player. Someone calls off, Anthony offers to help. We need coverage in another clinic, Anthony will help. Another therapist is struggling or needs help, Anthony is there to lend a helping hand or a listening ear! Anthony is often requested by many patients to be "their" therapist. He has great therapy skills and equal if not better listening skills. As we all know, we all want to be heard and listened too. Anthony crushes this one!



When Anthony is not busy taking care of patients or helping out his teammates, he can be found hanging out with his beloved family. Anthony and his wife Kelli are all about family. Anthony and Kelli have a son, Dante, a daughter, Mariah, a step son Tegan and a beautiful granddaughter Kylie. What beautiful family would be complete without a family dog, named Nook!

If you are working with or see Anthony this week, congratulate him on being this month's Team Member Spotlight. We are grateful for all you do Anthony. Thank you...

CONGRATULATIONS TO OUR PATIENTS!

CONGRATULATIONS TO OUR PATIENTS! High Fives to all Cawley Physical Therapy patients and friends who participated in our "Refer a Friend" program for the month of March!

Christine Elias • Audrey Kurz • Russell Booth • Linda Hanoln
Jodee Parks • Denise Vauter • Amy Nova

CONGRATULATIONS MISSPELLED WORD WINNERS

Thanks to all of you that participated in the misspelled word contest. Congratulations to our February/March Winners:

Linda Keating • Juliana Zardzyck • Barb Greenburg

Patients of the Month

Congratulations to all of our patient of the month recipients for April! Here are just a few pictures from over hundreds of successful stories this past month!

Pittston Office: "I came to Cawley rehab not being able to walk without pain in my ankle. In a matter of a few weeks, I was able to walk up/down steps and go about my daily duties with no pain at all. I can't thank the team of Candice, Cathy, Taylor, Alexis, and Jeff at Cawley PT and Rehab for making my life active again. These folks came to be great friends." —Thomas Van Scoy (Tovon and Company Diamonds)



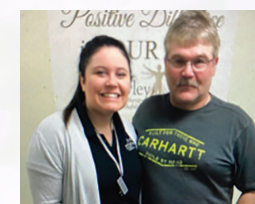
Scranton Office: "My time spent here was refreshing. I enjoyed each moment. Your staff is great. I always felt better after each session. I will miss all the attention given to me each day. Jordan did a great job and made me feel relaxed and calm. Your whole staff is great" —Christopher Stetzar



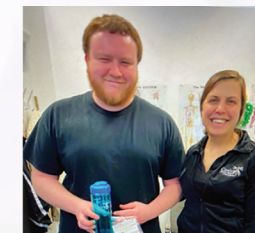
Kingston Office: "The best place in Luzerne County for physical therapy. The staff is extremely friendly and will do everything they can to get you back to where you were before your injury. They did the impossible by making recovery fun. Thank you all so much being so kind and professional!" —Frank Zupancic



Carbondale office: "My experience at Cawley was excellent. Very informative and helpful. Megan, Anthony, and Sam were very professional, and true people. They make you feel you matter. Overall experience; excellent. Need PT, Go to Cawley!" —Darrin Smith



Nanticoke Office: "I had a dislocation of the patella twice in my left knee. After that I felt poor stability and pain when walking around. After 10 visits, my pain is greatly reduced and now my knee is stable. Everyone here was extremely professional! I definitely recommend coming to Cawley for physical therapy. I will be coming to Cawley again if I have any future problems!" —George Peterson



Results you can see



Pictured from Left to Right; Candice Purnell PTA, Alexis Murdoch PT Tech, Happy Cawley PT graduate Karen Monko-Nagle (Owner Sea the World Travel), and Cathy Hannis PTA. Aka Charlie's Angels +1 Ha-Ha...

A#1 Facility! Cawley & Staff are very professional and care. After a stupid injury on my part while on vacation, I needed to seek professional advice for an ankle injury. One evening while I was on facebook, an ad popped up "Asking" Do you suffer Ankle or Foot pain? Please attend our Free seminar.

I called Cawley, they took me in immediately, Tim, within minutes determined my injury. His advice 4 weeks, twice a week, I will be fixed, and out the door running. Exactly 10 treatments, my pain is gone, I am walking out of Cawley perfectly fine. Thank you to all for your help and my new friendships.