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Refer a Friend Today!

As a valued past patient, we want to remind you about the "Refer a Friend" program here at Cawley Physical Therapy & Rehabilitation. This program is designed to reward our past patients who have become valuable referral sources and told their friends and family about the positive experience they had with Physical Therapy. The "Refer a Friend" card on the outside of this newsletter is for you to give to anyone you think would benefit from PT. Write your name on the front of the card and give it to someone you know. When they come in for treatment and present that card to us, we will THANK YOU with a \$10 gift card. So get out there and help someone experience the benefits of PT.

Thank you and we hope to hear from you soon!

REFER A FRIEND - CALL TODAY!



570-208-2787

**to Schedule Your
Private Evaluation.**

CawleyPT.net

Your Name _____

Referred By _____

**GIVE THIS
REFERRAL CARD
TO A FRIEND YOU
WANT TO HELP
GET BETTER**

CawleyPT.net



Last but not least is
Ms Alyssa Opiary!
Alyssa is our lead
Physical Therapist
Assistant in our

Nanticoke office. Alyssa has the unique ability to gracefully and skillfully multi task with her patients! Alyssa does an amazing job collaborating with the rest of the team in Nanticoke to give each and everyone of her patients a 120% effort to get them better fast! We are truly grateful and blessed to have Alyssa as part of our family! Here is what Alyssa is thankful for... "I'm thankful for my family, friends, my boyfriend, and my dachshund Lou Bear. I'm also thankful for my little sister's happy new marriage and my new brother in law!"



Clinic Update

DECEMBER 2019

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CAWLEY FAMILY HOLIDAY LETTER
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**OUR GOAL IS TO SERVE
YOU WITH SUCH A GREAT
EXPERIENCE THAT YOU:**

1. **Thank the person who sent you here.**
2. **Refer people you care about to us.**

**PATIENTS
ENTER TO WIN!**

Find the misspelled word in
this newsletter and call
570-208-2787 for your
chance to win a

\$10.00

GIFT CARD!

Contest for past
and present patients only.

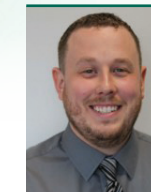
Team Member of the Month:

It has become a yearly tradition at Cawley PT that we simply can NOT choose just one member as Team Member of the Month for the month of December! It is truly a month of giving and sacrifice. We believe our team of therapists and professionals give and sacrifice themselves 120% for their patients every single day. Soooooo (THIS IS NOT THE MISSPELLED WORD. LOL)...we decided a few years ago that all of our staff deserve and earned the right to all share what they are thankful for over the past 12 months. We are so thankful to each and every one of you for providing us the opportunity to be a part of your life!

SO, without further ado, here is what the Cawley PT family is thankful for in 2019:



Dr. Jesse Yurko has much to be thankful for this year. CPTR is also thankful for all the expertise and knowledge Jesse brings to our team and the 120% effort he gives to all the patients he cares for! Jesse is a true leader and trend setter in the field of physical therapy! He always goes the extra mile for his team and patients! Jesse is thankful for... "I am thankful for my beautiful wife Amanda and my beautiful son Bryce as well as my family/friends that make life so wonderful!"



Dr. Timothy Dymond is next! Tim is an intricate part of the Cawley PT team. As Clinical Director of Operation he is responsible for nearly 30+ people and does an amazing job handling it all. We are super thankful for all that he does! Here is what Tim is thankful for in 2019. "I am thankful for the health of my family, my wife Caitlyn and children Jake and Esme, my health, my job, and being able to work with the lovely people of Pittston and Scranton."



Dr Jeff Frail is our next MVP!! Jeff is our main go to guy in Pittston. Jeff has an amazing ability to educate his patients on their problem and key ideas/strategies for them to better manage their symptoms both in the clinic as well as at home. Here is what Jeff is thankful for. "Thankful for my family and friends." Well said Jeff!



Dr Heather Marsico is in the house! She does a great job running the house (clinic) over in Kingston! Heather is our team leader in the Kingston office and makes sure all the fine folks of Kingston and the surrounding communities are treated like gold! We are super thankful to have here as a mentor and leader! Here is what Heather is thankful for. "I am thankful for my good health, friends, and family." PS: I think Heather left one thing out...I know she loves food so I think she is thankful for good food! :>)



Up next is our rock star and newest addition to the Cawley team (as a PT), is **Dr Megan Kraft!** Megan is crushing it in our Carbondale clinic and has been an awesome welcome addition to the team. Megan has much to be thankful for. Here is what she had to say. "I am most thankful for my amazing husband who I married this past New Year's Eve and the life we share together. I am also extremely thankful for my supportive family and their health this past year. Finally I am thankful for getting the opportunity to join the Cawley PT and rehab team and help make a difference in the community."

Continued on page 2.

CLINIC NEWS

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Next we have **Ms. Jessica Congdon**. Jess is our lead front desk in our Kingston office and also play a dual role as our physical therapy technician. Jess is awesome at multi tasking and makes people feel welcome and at home at each and every appointment. Jess is thankful for... "I am thankful for my good health, my family and friends, and the opportunity to help so many people very single day!"



Here we have **Mrs. Caitlyn Dymond!** She is our lead Physical Therapy Assistant in our Kingston clinic. Caitlyn is gifted with such amazing hands. She is an expert at working out those tight muscles and knots. She has a gifted talent for getting to the root cause of patient's problems. Caitlyn has much to be thankful for this year. "I am thankful for my wonderful husband Tim and my two kids Jake and Esme. I am thankful for my health and my passion for exercise and wellness!"



Here we have **Ms Christina Kalie!** Christina is the first smiling happy face that greets you in Nanticoke! Christina is a new addition this year and has been a key addition to the Cawley PT family/team in Nanticoke! Christina is thankful for many things. "I am thankful for many things, this year I am especially thankful for graduating college this past May. I am thankful for the constant love and support from my family. I am also thankful to be working with an awesome and talented group of people at Cawley!! I am also thankful for my health, my dog Coco and my boyfriend Grant."



Here is **Ms Amy Walski!** She is the cheerful voice you hear on the other end of the phone when you call Pittston. Amy is our lead Front Desk in Pittston. She does so much from scheduling, billing, calls, and much, much more!! We are truly blessed to have her on our side. Amy is thankful for much. "I am thankful for my children's health and safety, for my boyfriend James, and for my significant improvement in my overall health over the past year!" Amen Amy!!



Next we have **Ms. Alysha Marzani** our Director of External Markiting! Alysha joined our team this past September and has done an excellent job of jumping into her role! Alysha is out there in the local communities of Luzerne and Lackawanna counties developing relationships and internally doing some fun team building exercises! We are grateful that she joined our team. Alysha too is thankful. "I am most thankful for my family, my dog, and my happiness!"

Up next we have **Ms. Candice Purnell!** Candice is one of our Physical Therapist Assistants in our Pittston clinic. She has been an amazing addition to our team! Candice is a new graduate but has



shown a skill set well beyond her years of training! Keep up the amazing work Candice. Here is what Candice is thankful for in 2019. "I am thankful for the purchase of my new truck, starting a career that I love, and striving to do my best at furthering my education with a Bachelor's degree in Business." Love your goals and drive Candice. Keep it up!



Here we have **Ms MaryEllen Crain**. MaryEllen is one of our part time physical therapy aides in our Pittston office and is currently pursuing her degree at Scranton University! Mary Ellen is a quick learner and has made a great addition to our Pittston team. Mary Ellen is thankful for much. "I am thankful for the support and love of my family and friends, for our health, for my education, and for the opportunity to work around such awesome professionals."



Ms Cassie Churnoski is up next! Cassie has been a member of the Cawley PT family since graduating high school! Cassie has matured and grown so much over the last several years and has become a real leader in our Scranton and Pittston offices. Cassie heads up the front desk but can do virtually anything! We are really lucky to have Cassie as part of our family. Cassie is thankful for..."I am thankful for my family and friends, my animals (Riley, Brodie, Mittens, and Lucy), and my family's good health." Keep up the great work Cassie!



Mr. Anthony Carachilo is our next super star! Anthony is our lead physical therapist assistant in our Carbondale clinic. Anthony is a Carbondale native and has really taken the reigns in this facility and makes all of his patients feel like family! Anthony brings a ton of talent and has created himself a nice following of patients who request him! Way to go Anthony! Anthony is thankful for..."I am thankful for the good health of my wife, children and grandson Dante! I am grateful for the support and love of my family. I am also grateful to have the opportunity to work with so many amazing people every day!"



Here we have the one the only **Mrs Cathy Hannis!** Cathy has been a long time member of the Cawley family and has treated 1000's of patients over the years. Her endless dedication and commitment to people recovery is unwavering! Cathy is blessed in many ways and here is what she is thankful for..."I am so thankful for so many things- spending time with my husband and sons, Rich doing great following total knee and back surgeries this year, and my parents are still enjoying life at 90+ years old!" I would say you are truly blessed Cathy!

Here we have **Ms. Samantha "Sam" Povolko**. Sam has been an

SUCCESS STORIES

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incredible addition to our team. Sam is so versatile and talented. She is an excellent multi tasker. Sam has stepped up when we needed her in Nanticoke, Pittston and Scranton. She has now found her home in the Carbondale office where she plays a dual role as lead Front desk and physical therapy technician! Sam will be a future PT and will definitely be a good on at that! Sam is thankful for..."This year I am thankful for my families health, my new job at Cawley, and graduating from college."



Here she is! Everyone's second mother, **Mrs Lorraine Symons!** Lorriane is in just one word "amazing". She is one of the hardest working individuals that I have ever met. Not only hard working to get a job done but hard working to get a job done the best it can be with a smile and 120% effort every time! Lorraine has been with us for over a decade and we can not imagine Cawley PT without her! Here is what Lorraine is grateful for..."I am thankful for my health and the good health of my family including my children and grandchildren. I am thankful for good friends and co-workers. I am also thankful for the opportunity to work with such awesome people and make a difference in so many lives!"



This person needs no introduction!! Anyone in the Pittston office or who calls our main office will now who this is! **Mrs. Wanda Ansback** has been with the Cawley PT team almost since our inception in 2003! I liken Wanda to a utility player on a football team. She can do nearly everything! When I say everything I really do mean everything! (Well except treat patient's but I bet she would if she could!) Wanda is thankful for much including..."I am thankful and grateful for my health and the health of my husband and kids. I am thankful for my good friends and family. I am grateful for my job."



Here we have **Ms Alexis Murdoch**. Alexis joined out team this year after graduating from Keystone College! Alexis has done an amazing job as our lead physical therapist technician in our Pittston clinic. Her fantastic background and resume has put her light years ahead! Alexis always has a warm smile for everyone. Alexis plans on going back to PT school next year! We are confident she will be awesome!! Here is what Alexis is thankful for..."This year I am grateful to become a part of the Cawley PT team, who have welcomed me with open arms. I am also grateful to have graduated from Keystone with my bachelor's degree in Biology Pre-PT, & excited for what the future holds. The final things I am grateful for are the health, happiness, & growth that myself, family, & friends have been delivered this year."



Ms Taylor Pavlick is one of our rock star Physical Therapist Assistants in our Pittston clinic! Taylor joined the team in early 2019 and has been a fantastic addition to the pittston crew. Taylor is a recent graduate but is handling herself and her patients like a well seasoned veteran! Keep up the awesome work Taylor. Here is what Taylor is thankful for..."I'm thankful for my family and friends and getting a real job this year."



Here she is! **Mrs. Gloria Eynon!** Gloria is our lead Physical Therapist Assistant and Clinical Director in our Scranton clinic! Gloria is a seasoned veteran and has a waiting list a mile long of people who request to work with her! Gloria has been a long time member of the Cawley PT family and we are truly blessed to have her on our team and as an important member of our Leadership team! Keep up the great work "G"! Here is what Gloria is thankful for..."I am thankful for the addition of my wonderful daughter-in-law, Julia, to my family and for my wonderful husband, sons and granddaughter! And of course my fur babies Lucy and Jules!"

Continued on back page.

Results you can see



Pictured from Left to Right; Dr. Heather Marsico, Happy Cawley PT Graduate Zachary Wallick, Caitlyn Dymond PTA, and Dr. Justin Shuleski

"My experience here at Cawley has been a wonderful transformation. I came in here with horrible lower back pain. It hurt bending over and made day to day activities nearly all but impossible. After my 1st visit I really began to feel better. The professionalism is only matched by the friendly and personable staff. I would highly recommend anybody to come to Cawley PT. Not only am I starting to feel like my old self again I made some great friends. Thanks again for everything"

—Zachary Wallick

CONGRATULATIONS TO OUR PATIENTS!

CONGRATULATIONS TO OUR PATIENTS! High Fives to all Cawley Physical Therapy patients and friends who participated in our "Refer a Friend" program for the month of November!

**Barbara Usavage • Star Joyce
Alexa Artmont • McKenna Artmont
John Pokorny • Donna Orth**

CONGRATULATIONS MISPELLED WORD WINNERS

Thanks to all of you that participated in the November misspelled word contest.

**Gerald Marriggi
Frank Lombardo**