



Cawley Physical Therapy & Rehab offers Aquatic Therapy in Scranton and Pittston locations!

1150 S Main Ave • Scranton, PA 18504
33 N Main St • Pittston, PA 18640

PITTSSTON OFFICE: 570-208-2787

33 N. Main St. • Pittston, PA 18640

KINGSTON OFFICE: 570-714-0933

840 W. Market St. • Kingston, PA 18704

NANTICOKE OFFICE: 570-258-2365

160 S. Market St. • Nanticoke, PA 18634

SCRANTON OFFICE: 570-207-2787

1150 S. Main Ave. • Suite 101 • Scranton, PA 18504

CARBONDALE OFFICE: 570-280-2414

44 N. Scott St. • Suite 2 • Carbondale, PA 18407

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SPECIALIZING IN: Orthopedic Care • Neck & Back Treatments • Sports Medicine • Knee Replacements • Shoulder/Rotator Cuff Recovery • Sciatica Treatments • Stenosis Therapy • Osteo Prevention • Auto Accident Claims • Work-Related Injuries • Aquatics PT • Class IV Laser Therapy • Slip & Fall • Cupping & Graston Technique • Coming Soon (Dry Trigger Point Needling) • And so much more!

CLINIC EVENTS

Healthy & Happy for the Holidays

It is that time of year again!! All Cawley Physical Therapy and Rehab. offices are in a festive mood and looking to provide some FREE exams, FREE food and PRIZES to some lucky people! Our attached insert has all the details!! Please call ASAP to reserve your spot.

We ONLY have 60 spots available and last year we had over 72 people who wanted to get in on the fun!! Call 570-208-2787 to save your spot today!!

GIVING BACK to Support Breast Cancer Awareness

The team at Cawley Physical Therapy and Rehab along with a number of patients participated in a fundraiser for two local charities in honor of Breast Cancer Awareness Month in October. Through the generosity of staff and patients we were able to collect and donate \$171 dollars for both Paint Pittston Pink and Candy's Place!



These two local charities have done and continue to do amazing things to help those dealing with cancer as well as aiding in the research and discovery of potential new treatments. We would like to thank all those who participated and contributed to both of these very worthy causes!

DECEMBER 2020



Clinic Update

INSIDE THIS ISSUE

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What we are thankful for over the past 12 months

SUCCESS STORY:
Results You Can See

CONGRATULATIONS PATIENTS:
Misspelled Word Contest & Refer-A-Friend Participants

Healthy & Happy for the Holidays
FREE FOOD, FUN & SOME EXAMS!

OUR GOAL IS TO SERVE YOU WITH SUCH A GREAT EXPERIENCE THAT YOU:

1. Thank the person who sent you here.
2. Refer people you care about to us.

PATIENTS ENTER TO WIN!

Find the misspelled word in this newsletter and call 570-208-2787 for your chance to win a \$10.00

GIFT CARD!

Contest for past and present patients only.

Team Member(s) of the Month: EVERYONE

Despite all the craziness that "2020" has thrown our way including a worldwide pandemic, we have still managed to keep in mind what is most important to each of us. What is most important to our team here at Cawley Physical Therapy and Rehab (CPTTR) is the good health and well being of our family, friends, co-workers and YOU our patients! Without each of you, there is no US! For that, we sincerely thank each and every one of you for the honor and privilege of working with you and your loved ones! For each of us, there is no greater opportunity in life than to have the distinct honor to help another human being who may be physically and/or mentally suffering or struggling. Despite all the negative things and challenges happening in the world today, the family here at CPTTR still has much to be thankful for.

It would be impossible to choose only one person for our "Team Member Spotlight" as we wrap up these last few weeks of 2020! We decided that since 2020 has been difficult and challenging enough we will make this process easy on ourselves and share a little glimpse of what each team member of Cawley Physical Therapy and Rehab has to be thankful and grateful for this past year!



Cathy Hannis (PTA Pittston, Avid biker and hiker)—I am thankful for my family. That even though we can not be as close physically as we would like, we still feel the love for each other! I am thankful that my parents are still doing well and will both be 92 at the end of November.



Lorraine Symons (Pittston PTA, second mom to all)—I am very thankful for having all of you in my life. Thankful for surviving Covid and for protecting my family through this time and being able to be there for them. I am also thankful for having the pleasure of working with a great variety of co-workers and patients!



Anthony Carachilo (PTA Pittston, Aquatic Therapy guru, new home owner)—I am most thankful for my family and amazing wife. I am thankful for my health and my job. Also, I am thankful for the opportunity to be able to purchase my forever home this year.



Alexis Murdoch (PT Tech Pittston, Helper to all)—This year, I am grateful for my amazing friends who always have my back & are my biggest supporters. I am also grateful for my awesome coworkers & all of the support they have given me while trying to get to PT grad school. In addition I'm grateful for my boyfriend, my home, my strong immune system & for yet another year to grow & learn new things!



Amy Walski (Asst. Billing Manager and weight loss master)—I am thankful for my health and the health of my friends and family. I am thankful for my life with my children and boyfriend.

Continued on page 2.

CLINIC NEWS



Wanda Ansback (Billing Manager and helper to all)—I am Grateful that my husband & I are able to watch our 3 children grow and hit major milestones in their lives. Cassie with her upcoming wedding, Joey Graduating High School & Carly becoming a Teenager! I also am extremely thankful for the health of my family over this year.



Josh McDermott (Pittston PTA, Avid hunter and softball lover)—This year has been kind of hectic between buying a new house and Covid but there is still a silver lining. I am thankful for my wife and pets, without them I would be lost. I am also thankful for my families continued support and for being fortunate enough to have started my new job with Cawley during these troubling times.



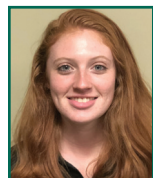
Karen Zier (Director of External Marketing, mom to an awesome softball player)—I am thankful for my Parents, who have instilled the values & determination that I have, and am now seeing them present in my daughter. I am so thankful for the strength & courage that my Parents have taught me. We face things head on, sometimes everyday, and we are getting stronger and stronger.



Cassie Churnoski (PT Lead front Desk Pittston and Soon to be bride)—I am thankful for yesterday. I am thankful for good health, my family and friends, and my pets!



Candice Purnell (PTA Pittston, Motorcycle rider and DIY girl)—I am thankful for all of the friends and family that have helped with my home renovations and also another year filled with good health and memories.



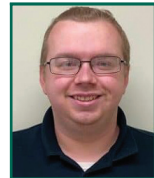
MaryEllen Crain (PT Tech Pittston, Future PT)—In 2020, I am thankful for my health and the people in my life. I'm grateful for those who continue to make me smile during these weird times of uncertainty.



Steven Morella (PT tech/Front Desk Nanticoke, Fast learner/Future PT)—I am grateful for my family, my friends, and my girlfriend for being so supportive and helpful with all that has happened this year. From working in a hospital through the pandemic to then moving out from New Jersey to Scranton and starting a new job, I am grateful for everyone being there for me along the way.



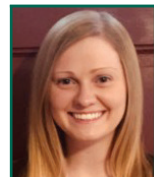
Alyssa Opiary (PTA Nanticoke, Awesome teammate and dog lover)—I am thankful for the health and safety of my family and friends...and of course my 8 year old dog-son Louie. I'm also thankful for my job with my new Nanticoke coworkers.



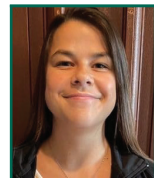
Dylan Mcelhenny (PT Tech/Front Desk Carbondale, Car Detailer extraordinaire)—I am thankful for being safe and still being able to provide for myself. I'm always a positive thinker, so the rest of 2020 will be even greater! I can feel it.



Dr. Megan Kraft (DPT and Clin. Director Carbondale, Soon to be new momma)—I am so thankful for my amazing husband and that we are blessed with our first baby that brings us happiness during this pandemic time. I am also very thankful for stretchy and semi-stylish maternity clothes.



Dr. Heather Marsico (DPT and Clin. Director Kingston, Soon to be new bride)—I am thankful for my family, friends, and health as well as our Cawley PT family and Kingston team that I love to work with everyday.



Annsley Dicton (PT Tech/Front Desk Kingston, Dog lover)—I am thankful for my family and friends and that we all have our health, especially during this pandemic. I am thankful for my dog for always making me smile. I am also thankful for this company for giving me a new family and group of people I look forward to seeing everyday. :)



Caitlyn Dymond (PTA Kingston and workout queen)—I am thankful for my family, friends, and two dogs! I am thankful for my loving husband and two amazing bonus children! I am thankful for an awesome work team in Kingston.



Dr. Jordan Gay (DPT Scranton, new bride 2020)—I am thankful for my wonderful husband, Jason and puppy Leo! They are my favorite to come home to after a long day of work. I love going on hikes with them on the weekend.



Gloria Eynon (PTA Clin. Director Scranton, strong mom to 4 boys)—I am grateful that, even though we are going through a pretty devastating health crisis, I have a wonderful supportive and close family that I can spend a little more time with.

SUCCESS STORIES



Anna Littzi (PT Tech/Front Desk Scranton, family girl)—In 2020, I am thankful for my family. They are always there to support me and cheer me up. I would be lost without them!



Dr Barry Myers (DPT Clin. Director Nanticoke, Soon to be dad of 2)—I'm thankful for the health, safety, and well-being of my family. I'm also thankful to be working for a great company where I can continue my career as a physical therapist which has allowed me to make a difference and help others feel better.



Dr Jeff Frail (DPT Pittston office, happy grandpa and dad)—I am thankful for the good health and safety of my wife, children, and grand children. Also, my own health to some extent!



Dr Cody Tsevdos (DPT Scranton/ Carbondale, Recently engaged)—I am thankful for the opportunity that I had to move home to NEPA from working in Boston. This blessing allowed me to be closer to family and propose to my future wife! I am also thankful for all of the fish that decided to pick my lure as the snack of choice.



Dr Tim Dymond (Dir Clinical Operations, dad of 2, husband of 1 and DIY type of guy)—I am thankful and lucky for the support system I have with my friends and family who choose to help me when life throws you a curveball. I am also thankful for my wonderful and healthy children and to be living a comfortable and rewarding life.

CONGRATULATIONS TO OUR PATIENTS!

CONGRATULATIONS TO OUR PATIENTS! High Fives to all Cawley Physical Therapy patients and friends who participated in our "Refer a Friend" program for the months of October & November!

Anita Popple • Kenneth Repsher • Crystal Kilian • Rita Selena • Barbara Giordano • Margaret Brozzoski • John Reedy • Cearah Boyer • Sam Lerosé • Sommer Zier-Norris • Margaret Kenyon

CONGRATULATIONS MISPELLED WORD WINNERS

Thanks to all of you that participated in the November misspelled word contest.

Teresa Dauber

Positive Results of the ~~Month~~ Year!

As 2020 comes to a close, we found it darn near impossible to only share the successful testimonials of just one or two past patients! We all know 2020 was a much different year.

A year unlike one any of us have ever seen before or may ever see again. With that said, we decided to share just a glimpse of our "Wall of Fame" from each office. These are a true testament to our dedication of seeing each and every person who enters our doors meet/exceed their goals and expectations! Simply put, we want to "WOW" you. We hope we have been successful in doing this and based on these photos, I would say we definitely are on the right road to success!! Once again, thank you for allowing us to be a part of your recovery!

